MFNC
June 2023 Bulletin

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Macnamara
FIELD NATURALISTS' CLUB

Promoting the appreciation, understanding, and preservation of nature in the Ottawa Valley

Welcome, **<<First Name>>**

Medicinal Plants
Dr. John (Thor) Arnason June 7, 2023

Join us at the Arnprior Curling Club or via Zoom at 7 p.m. on June 7, 2023 for *Medicinal Plants*. Read more here.

While Dr. John (Thor) Arnason will be presenting in person at the Arnprior Curling Club, members can also join us virtually via Zoom at: https://zoom.us/j/4908487254 **.**

Attending in person? We've brought back refreshments that we'll provide after the announcements and sightings, before our speaker begins their presentation. If you can, bring your own mug.

OFNC/MFNC Morris Island Conservation Area Bioinventory
Date: **22 May 2023** **Time**: **8:00 a.m. - 4:00 p.m.**
Meet: Morris Island Conservation Area Parking Lot, at eastern end of Morris Island Conservation Area Access Road (Map Link)

MFNC is again partnering with OFNC in 2023 for a Morris Island Bioinventory Day. Experts will be onsite to share information about Morris Island Conservation Area, how/why to document biodiversity via photos/sounds, use of the citizen science *iNaturalist* platform, and more.

Everyone is invited to join the walks anytime throughout the day between 8am-4pm. If you are an expert on some aspect of flora or fauna and are interested in leading an outing let Roger Magoon know at memberships@mfnc.ca

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May Meeting Sightings

Macnamara Field Naturalists' Club
www.mfnc.ca

President
Michael Runtz
michaelwruntz@gmail.com

Secretary
Maureen Carrier
info@mfnc.ca

Treasurer
Ritchie Lawrence/John Lawrence
treasurer@mfnc.ca

Communications
Karen Runtz
kruntz@xplornet.com

Field Trips
Janet McCullough
events@mfnc.ca

Macnamara Trail
trail@mfnc.ca

Meeting Speakers
Linda Sewell
speakers@mfnc.ca

Membership
Roger Magoon
membership@mfnc.ca

Meetings: January through June, September through December

Stephen Duff saw an Osprey “sharing” his fish with a Turkey Vulture – a great fisherman and a notorious scavenger.

Send your special sightings and photos to johndrlawrence8@gmail.com **by June 5.**

See more sightings here

Field trips will continue during the summer!

See Janet McCullough's full list here!

Looking forward to Fall

Linda Sewell has already lined up the following speakers for September to December 2023. Check the full list here!

Mark your calendars for our 2023 Banquet !

We are happy to announce that plans are underway for our annual banquet which will be held on **October 20 at the Fitzroy Harbour Community Centre** where it has been held several times in the past. **Catering will be by Leatherworks and pioneering underwater explorer Jill Heinerth will be our guest speake**r.

On the Macnamara Nature Trail

At the time of writing, the boardwalks to the Marsh Lookout Tower and the Goodwins Bay spur trail were still floating and not accessible. On the Nopiming Loop, high water has made the trail impassible in several areas. Installation of the memorial bench for Sloan Watters has also been delayed until the water recedes.

Last Monday, Murray Borer and Julian Romeskie took down three hung-up (aka “widow-maker”) trees. Two trees were near the spur trail to the Marsh Lookout Tower and one tree was on the Nopiming Loop spur trail. The trail is now open in these areas.

Béatrice Romeskie and Jennifer Rae spent four hours on the trail Friday, replacing the old blue trail markers with orange markers on the main trail and yellow markers on the spur trails.

Last Saturday, Barry Goodman and his “trash” team collected and hauled out 100 lbs of plastic and metal trash plus 12 tires

Annual Memberships: Family $30, Individual $25

Purchase your membership for 2023: https://mfnc.ca/membership

Share your trail photos on our *Friends of the Macnamara Trail Facebook page*. We enjoy seeing them!

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