# MFNC
# December 2022 Bulletin

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Macnamara
FIELD NATURALISTS' CLUB

## Promoting the appreciation, understanding, and preservation of nature in the Ottawa Valley

Welcome, **<<First Name>>**

The MFNC executive wishes you and your loved ones health and happiness this holiday season and in the year ahead.

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**Welcome to the board!**
John Lawrence has been anchoring our meetings for many months now, managing our Zoom meetings and co-ordinating our sightings. We're very pleased to tell you that John has now joined our executive as vice-president.
**Sightings**: **please** send your sightings to John **by December 5, 2022**

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**MEETING**
**December 7, 2022 7 p.m.**
**Louise de Kiriline Lawrence: The Making of a Midcentury Amateur Ornithologist.**

***Canadian Geographic* called Louise de Kiriline Lawrence *Canada's Rachel Carson and Canada's Thoreau*. Merilyn Simonds started watching birds when she was seven and has been a writer for almost as long. Her latest work — *Woman, Watching* — is an innovative memoir/biography of *de Kiriline Lawrence*.**

**On December 7, 2022, "Zooming in" from the mountains of Mexico, Simonds will be presenting to MFNC members the fascinating story of *Louise de Kiriline Lawrence: The Making of a Midcentury Amateur Ornithologist.***

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**www.mfnc.ca**

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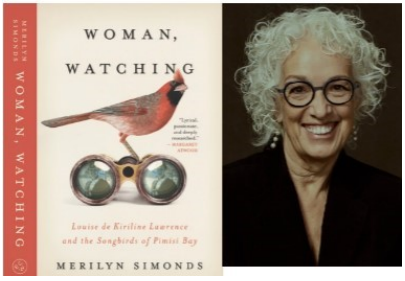


***Woman, Watching* has just been reprinted and will be available to club members at a 15% discount.**

**JOIN THE MEETING VIA ZOOM**
**Click this link:** https://zoom.us/j/4908487254
**then follow the Zoom instructions.**

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### Journey back in time on the Nopiming Loop

**Dave Forsyth has walked us back in time on field trips he has led in recent years to Morris Island, Carp Ridge and, appealing to all ages, fossils on the backroads to Pakenham. Now his written words guide us to the *Nopiming Diamond*s on the Nopiming Loop of the Macnamara Nature Trail.**
**Read on for the full article and photos.**

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### Birding by car, December 11, 2022

Join Michael Runtz for a half-day outing looking for birds in the Pakenham-Arnprior area. This is a precursor to the Pakenham-Arnprior Christmas Bird Count held on December 26. Be sure to dress warmly and bring binoculars, and a spotting scope if you have one. Meet at 8 a.m. at the southeast corner of the Metro parking lot. Register at mfncfieldtrips@gmail.com no later than Friday 9 December at noon.

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### Pakenham-Arnprior Christmas Bird Count (CBC) held on Boxing Day

The annual Pakenham-Arnprior CBC is just weeks away. If you would like to take part in the count, please contact Michael Runtz at michaelwruntz@gmail.com. The count is a full-day event with a potluck dinner/compilation afterwards. Participants should have some experience in identifying birds; individuals are assigned an area to cover and paired so no one goes alone.

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### Kinburn Farm Supply is for the birds

Keeping our feeders on the Macnamara Trail stocked in winter is important, especially on brutally cold days – overwintering birds count on the seeds as a food source. Once again John Herrick and Kinburn Farm Supply have generously donated two 50-pound bags of sunflower seeds to fill up our feeders.

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### On the Macnamara Trail

Upkeep of a trail like ours never stops.

**Members**
Brian Voss (Membership)
ez760@ncf.ca

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## Meetings:

While we have resumed our in-person meetings at the Arnprior Curling Club, we are also offering the virtual option via Zoom.

**Annual Memberships**:
Family $30, Individual $25

Purchase your membership for 2023:
https://mfnc.ca/membership

On October 5 the wood chips were spread.  On November 5 the brush clearing was done.

Sign replaced on November 5

The Nopiming Loop boardwalk after it was re-leveled on November 21

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**Janet Mason awarded Order of Ottawa**

Former MFNC vice-president Janet Mason was instrumental in bringing about our Macnamara Trail Extension. On November 3, 2022, she was one of 15 City of Ottawa residents inducted into the prestigious Order of Ottawa in a ceremony at City Hall.

**Accolades were also directed last month to Michael Runtz, a finalist in the national Nature Inspiration Awards** that recognize individuals and organizations whose specific projects encourage Canadians to take an interest in natural history, create links with nature and contribute to its preservation. Read more here.

**Memberships are due January 1, 2023**

Membership fees are the Club's main source of revenue. Every membership counts!

As you know, membership entitles you to enjoy presentations and field trips by experts in a wide range of areas of natural history topics. We had an exceptional roster this year.

The cost of an individual membership remains $25, family memberships $30, and apply to couples or families in the same household.

**Renew your membership for 2023 online.** If you would prefer to register by mail and pay by cheque, download the form by clicking on this Membership Form, filling in the printed page and mailing it in/

Not sure if your membership is current? Check with Roger Magoon at memberships@mfnc.ca

**A warm welcome to new members: Annette Bose and George Kozlovski**

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