# MFNC update

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Macnamara
FIELD NATURALISTS' CLUB

## Promoting the appreciation, understanding, and preservation of nature in the Ottawa Valley

Welcome, **<<First Name>>**

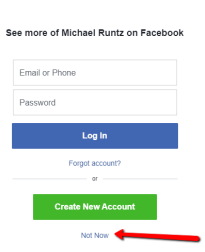
**HAPPY CANADA DAY!**

**Here's something special for the occasion: our club's first virtual field trip.**

**Michael's early Monday morning visit to the White Lake Fen revealed a spectacular display of Showy Lady's-slippers. In this still shot he points out its pouch and the guiding system it uses to lead bees in.**

Walk the floating mat with him **without getting wet and bitten by mosquitoes!**

**NOTE: this video is posted on Michael's newly launched Facebook page. You do not have to join Facebook to view it.**




**Keep safe and until we meet again keep records of your sightings. They're still important!**

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**www.mfnc.ca**

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***Your MFNC  executive***

**Meetings**:
First Tuesday of the month
at 7:30 p.m.
Arnprior Curling Club
15 Galvin Street

**Annual Memberships**:
Family $30, Individual $25

**Guests welcome**:
$5 per meeting
Students Free!

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