

MFNC Sept. 2019 Bulletin

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Promoting the appreciation, understanding, and preservation of nature in the Ottawa Valley

Welcome, <<First Name>>



MEETINGS

Tuesday, September 3, 2019

George White

When nature moves in: the consequences of mould in the indoor environment

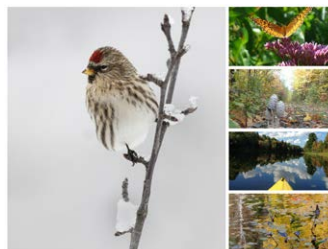
George White is often introduced as a “funguy.” The guest speaker at our September 3 meeting, White is a well-known mycologist, a **fungi** specialist.

His upcoming presentation — *When nature moves in: the consequences of mould in the indoor environment* — deals with a timely matter. [Read more here.](#)



Buy your 2019 banquet tickets early

Wildlife biologist and research scientist Dr. Brent Patterson will feed our collective interest in wolves at the 2019 Macnamara Club banquet on October 26. More details on his topic will be provided shortly.



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www.mfnc.ca

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Macnamara Trail



Once again we are returning to the Sand Point Golf Club.

You'll miss the fun if you don't have a ticket! As members of the public are also invited to attend, club members are encouraged to buy their tickets early. Tickets will not be available at the door.

[Get more details](#) on the 2019 banquet and tickets.



FIELD TRIPS

Get the details and any special instructions for all field trips on the website at mfnc.ca. **Advance registration is required for each event, usually at events@mfnc.ca**

Mushrooming for beginners

Saturday, October 5, 1 p.m. - 3 p.m.

Leader: Suzanne Monnon

Meet: at the Macnamara Trailhead, McNab Street

Have you ever wanted to learn the basics about mushrooms? If your answer is "yes" then this outing is for you. We will go into the forest to search for and identify many different types of fungi. [Read more here](#)

WERE YOU THERE?

Birds and herbs at Stony Swamp

On August 24 with Derreck Dunnet and Sophie Roy as our leaders, Macnamarans took a leisurely walk through over 3 km of easy trails at Stony Swamp, encountering 22 bird species and 9 herp species, along with numerous interesting insects and plants. [Read more here.](#)

Ferns on the Macnamara Trail



On Monday, August 12, led by Lis Allison, our group

Yvonne Wissing
trail@mfnc.ca

Special Committee Members

Brian Voss (Membership)
brian.voss@xplornet.com

Macnamara Trail Extension

Janet Mason
masonjl@xplornet.com

Meetings:

First Tuesday of the month
at 7:30 p.m.
Arnprior Curling Club
15 Galvin Street

Annual Memberships:

Family \$30, Individual \$25

Guests welcome:

\$5 per meeting
Students Free!



54 followers
717 tweets
following 51 people

[follow](#)

Latest Tweets

- Nature's Way/Michael Runtz. A good year for monarchs. While a Monarch sips Milkweed nectar, a Longhorn Beetle also...
<https://t.co/x5myHvDCvw> 4:47 PM
- A head's-up that there are multiple trees down between stops #9 and #11 on the Macnamara Trail in #Arnprior. These...
<https://t.co/CAjPLKAHGu> 10:11 AM
- <https://t.co/lmvoy0OUKR> 8:58 AM
- <https://t.co/VITLF69Fza> 4:14 PM
- <https://t.co/j72lpyANkq> 4:07 PM

found 11 species of ferns on the Macnamara Trail.

[Read more here.](#)

MEMBERSHIP RENEWAL

**Avoid the September lineup! Renew now!
The new MFNC membership year starts Sept. 1,
2019 and runs to the end of August 2020.**

Avoid lining up at the September meeting by renewing now for 2019-2020 either [online](#), or by downloading and printing the mail-in membership form at the same link.

We look forward to having you on board for another year of fascinating presentations and adventurous outings!

MACNAMARA 2019 Banquet

ON THE MACNAMARA TRAIL

Keeping the Macnamara Trail walkable is an ongoing challenge!

In late July, for instance, while most of us were seeking out whatever cool spots we could find, super volunteer Bert de Vry started out his week by hauling in and installing some 16 boards on the trail to replace those damaged by the spring flooding.



It was “super hot” and there were “10 billion” mosquitoes says our trail manager Yvonne Wissing, who also put in time hauling out all the old boards. “With nails in them, they would pose a hazard.” Thanks, Bert and Yvonne.

If you've visited the trail this month, you may have

found trees in the way. It seems we clean up only to find more trees down just days later.

We are always looking for volunteers that can help clear the trail on short notice. Can you help? Are you handy and safe with a chainsaw? If yes, please contact Yvonne at trail@mfnc.ca

Note, we post trail condition updates on three Facebook pages: our MFNC FB page, our *Friends of the Macnamara Trail* FB group page and the *What's Up Arnprior* FB group page.

The Nopiming Loop Trail - the last spike!



We have completed marking the Nopiming Loop Trail and side trails. Many thanks to John McLaughlan and Janet Mason who endured fierce mosquitos and hot weather over three separate days in July and August to clear the trail and install the markers. Janet has recorded the GPS track for the outer and inner loop and we'll soon have updated trail maps reflecting the new sections.

News on the trailhead refresh

Our trail refresh is continuing — new signage is on its way.

Bench commemoration in memory of Sherry Sadler

Club member Sherry Sadler passed away in 2014 at the age of 58. "It was Sherry's wish to donate what we could to assist with the Macnamara Trail expansion (and marshes were her favourite habitat!)," said her husband, JP Thoney.



A quiet spot on the second island overlooking the marsh is the location for Sherry's memorial bench, dedicated in mid-August with JP and other members of her family in attendance. They were joined by the Macnamara Club executive and club member and family friend Jock MacNeil.

"Sherry epitomized the spirit of the Macnamara Field Naturalists' Club so it is most fitting that her memory be honoured by this bench from which countless other kindred spirits will enjoy the beauty of Nature," noted club president Michael Runtz.

Join us Saturday, September 14 at the Arnprior Life: Recreation & Culture Fair



Arnprior is hosting its second Recreation & Culture Fair and our club will again be part of it! Free to all, the event is on Saturday Sept. 14 from 9:00 a.m. - 3:00 p.m. at Arnprior's Nick Smith Centre Community

Hall at 77 James Street.

Drop by and say hi. **Even better — volunteer to take a turn at our club's display.** We're asked to be there for 8:30 a.m. to set up. Can you spare a couple of hours in the morning or afternoon? Please contact Karen Runtz at kruntz@xplornet.com as soon as possible.



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Welcome back to our nature meetings!

