

# MFNC Summer 2018 Bulletin

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Promoting the appreciation, understanding, and preservation of nature in the Ottawa Valley

Welcome, <<First Name>>

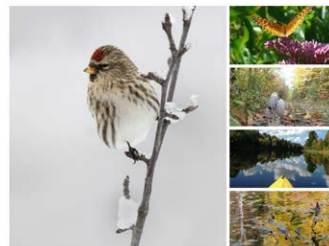
## Spiffing up the Macnamara Trail



Our Macnamara Trail has been treated to some overdue TLC. After a walk-through with two members of our executive, new club member and volunteer trail co-ordinator Yvonne W. was ready to assess and deliver what was needed with the help of volunteers like Bert DeVry, John Mclaughlan and Jock MacNeil. [Read more.](#)

**Club receives generous donation for Trail Renewal**

**We are thrilled to announce that our club has received a generous**



Macnamara Field Naturalists' Club  
[www.mfnc.ca](http://www.mfnc.ca)

### President

Michael Runtz  
[mruntz@start.ca](mailto:mruntz@start.ca)

### Vice-President

Janet Mason  
[masonjl@xplornet.com](mailto:masonjl@xplornet.com)

### Secretary

Judy Seligy  
[jseligy@gmail.com](mailto:jseligy@gmail.com)

### Treasurer

Cathy Stewart  
[treasurer@mfnc.ca](mailto:treasurer@mfnc.ca)

### Field Trips

Maureen Carrier  
[events@mfnc.ca](mailto:events@mfnc.ca)

### Meeting Speakers

John McEwen  
[johnhmcewen@gmail.com](mailto:johnhmcewen@gmail.com)

### Bulletins/Promotion

Karen Runtz  
[kruntz@xplornet.com](mailto:kruntz@xplornet.com)

### Membership

Monique Boivin  
[boivin\\_m@hotmail.com](mailto:boivin_m@hotmail.com)

### Special Committee

donation from a private, family-run charitable foundation that will allow us to repair and enhance the Trail and its entrance. A long-time supporter and volunteer, who wishes to remain anonymous, recommended our club to the foundation. [Read more.](#)

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## No biking allowed on the Trail

Biking scares away wildlife and poses a danger to pedestrians. That's why it and the other activities outlined in our trail policy ([posted on our website](#)) and including bringing dogs on to the trail aren't allowed. [Read more.](#)

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**On Facebook?**  
Why not join and contribute observations, pictures and comments to our Friends of the Macnamara Trail group page.

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## What's up with the Macnamara Trail Extension?

You can't see it, but work continues on the Macnamara Trail Extension! [Read more.](#)

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### MEETINGS



**Tuesday, September 4, 2018**  
**Stars – The key to life**  
**The Backyard Astronomer Gary Boyle**

**We are all made of star stuff and when we meet on September 4, *The Backyard Astronomer* Gary Boyle will explain**

### Members

Brian Voss (Membership)  
[brian.voss@xplornet.com](mailto:brian.voss@xplornet.com)  
Angela Skevington (Young Macs)  
[angela\\_skevington@yahoo.ca](mailto:angela_skevington@yahoo.ca)

### Macnamara Trail Extension

Janet Mason  
[masonjl@xplornet.com](mailto:masonjl@xplornet.com)

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### Meetings:

First Tuesday of the month at 7:30 p.m.  
Arnprior Curling Club  
15 Galvin Street

### Annual Memberships:

Family \$30, Individual \$25

### Guests welcome:

\$5 per meeting  
Students Free!

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Macnamara Field Naturalists' Club



likes

Following in the footsteps of naturalist and photographer Charles Macnamara, the Macnamara Club has explored, documented and enjoyed the rich natural history of the Lower Ottawa Valley since the club's founding in 1984. Members meet the first Tuesday of every month except July and August at the Arnprior Curling Club, 15 Galvin Street, in Arnprior. Expert speakers share their knowledge and take members in easy steps into their special worlds. Field trips throughout the year investigate everything from geology, to birds in migration, to rare orchids.

[connect with me!](#)

### Latest Posts

- Plan your "living fence" for wildlife. *8/1/18 7:21AM*
- As we shared on this CPAWS post, we have a "close-to-home" example of how animals rely on one another to survive. Open the article for the recent Brighton cattle egret example. We've also got a



the how and why.

A well-known freelance astronomy educator, Boyle will draw from new chapters opened by today's technology and study in the understanding of the cosmos to demonstrate how life began billions of years ago.

### FIELD TRIPS

Get the details and any special instructions for each field trips on the website at [mfnc.ca](http://mfnc.ca). Advance registration is required for each event at [events@mfnc.ca](mailto:events@mfnc.ca)

 **Rare lichen tour**  
**Monday, August 13, 11a.m.–2 p.m.**  
**Burnt Lands Provincial Park**  
**Leader: Troy McMullin**



**Meet: March Rd. at Upper Dwyer Hill Rd., on the SW corner where there is a parking lot. We will carpool a short distance from there.**

### WERE YOU THERE?

#### Native tree walk with Owen Clarkin



*Large leaves in understory*

On June 3, MFNC joined Owen Clarkin on the Hemsley property near Braeside to hike through forest and fields while identifying trees and plants. Missed the walk? Check out the key bits our field trip director Maureen Carrier jotted down on the outing. [Read and see more](#)

#### Birds on the Trail with Art Goldsmith

second example, added below, that our president, Michael Runtz, captured three years ago. *7/30/18 2:09PM*

- Something for the kids on in Ottawa on August 12. *7/29/18 8:16AM*
- Did you know that loon eyes change colour with the seasons? And that there's a black fly that feeds only on loons, no other birds? More loon facts here. <https://cottagelife.com/outdoors/10-amazing-facts-about-loons/> *7/28/18 9:14AM*
- A heads-up that we've got a downed tree on the Macnamara Trail about 100 strides in from the trailhead. We hope to get it cleared tomorrow. Thanks for your patience! *7/27/18 5:13PM*



42 followers  
505 tweets  
following 45 people

[follow](#)

#### Latest Tweets

- Plan a "living fence" for wildlife. <https://t.co/cJ6aPGbfvQ> *7:23AM*
- <https://t.co/leqHld4sDA> *4:45PM*
- <https://t.co/v6T96CUZk4> *3:55PM*
- Nature's Way/Michael Runtz/#OttawaValley. Canoeing brings close encounters with wildlife. Caption: As is the case f... <https://t.co/vwxXJGdb9S> *4:59PM*
- RT @scistarter: Join thousands of citizen scientists beginning July 28th for the International Monarch Monitoring B... <https://t.co/QA8205siKM> *4:22PM*



The evening of June 8, Macnamara birders saw and heard warblers, flycatchers, sparrows, thrushes, finches, 28 species in total, including this Barred Owl as they walked from the trailhead to the marsh. [Read and see more](#)

### Orchids in the White Lake Fen



Luckily we managed to get to the fen one day before the beginning of a major heatwave, which would have quickly brought an end to the beautiful flowers of the orchids and been stressful for us too, writes Maureen Carrier. [Read and see more](#)

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### Executive in action



#### Tabling the results

Packing up after six hours of setting up and staffing our two tables at the Carp Colossal Garage Sale in early June were Cathy Stewart, Judy Seligy, Maureen Carrier and Karen Runtz.

Thanks to those members who contributed items, we cleared \$213 to put towards the club's operating expenses and spread the word about our great club.

#### Reworking the constitution

Summer hasn't halted our executive meetings and projects. We've recently discovered the well-equipped meeting rooms at the Arnprior Library, especially comfortable when it comes to extended discussions on the reworking of our constitution, still a work in progress. Come this fall we'll have a draft ready for membership review and discussion.

#### The Macnamara Club needs a new Treasurer!

Here is a volunteer opportunity for someone who likes both nature and numbers. Cathy Stewart is retiring at the end of this year and would love to work with you until then in this vital Club area. The job involves receiving money at the end of meetings, making deposits, paying bills, doing

bookkeeping using Quicken, reporting to the Executive and the Annual Club meeting. You would become a member of the fun and fabulous MFNC Executive!

E-mail [info@mfnc.ca](mailto:info@mfnc.ca) if this sounds interesting to you. The position could be shared.

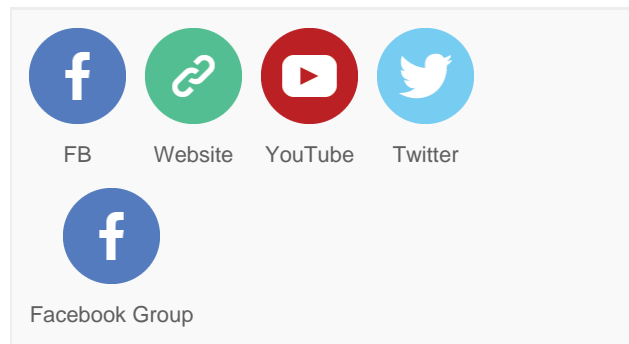
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## Annual memberships expire August 31



**Why not [register and pay for your 2018-19 membership fees now](#).** It's easy and efficient. You can also renew by mail—send your cheque (made out to Macnamara Field Naturalists' Club) to Macnamara Field Naturalists' Club, P.O. Box 391, Arnprior ON K7S 3L9. Download the form from the website. Go to Activities>Membership

**We depend on your membership fees—\$25 for individuals and \$30 for families— to continue offering great monthly meetings with expert speakers, year-round field trips and special projects and activities.**



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