

September 2016

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Promoting the appreciation, understanding, and preservation of nature in the Ottawa Valley

Welcome, <<First Name>>

Get Your Tickets to *The Messenger* Fundraiser Now!



Have you seen our *Messenger* posters around town? How about [our newspaper articles](#)?

As announced, we will be screening the acclaimed Canadian documentary *The Messenger* at 7 p.m. on Thursday, September 29, at Arnprior's O'Brien Theatre.

Its screening officially launches our



Macnamara Field Naturalists' Club
www.mfnc.ca

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Michael Runtz
mruntz@start.ca

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Bulletins/Publicity

Karen Runtz
kruntz@xplornet.com

Membership

Olga
Janoska
olgajanoska@

Club's fundraising for the Macnamara Trail extension, which also received [newspaper coverage](#) this past week, and *we are counting on our members' support.*

Come to the film. Stay for the question and answer session after the screening with Michael Runtz, Nature Canada's Ted Cheskey and Safe Wings Ottawa.

Tickets, \$20 each and \$10 for students and ages 16 and under, are available at the O'Brien theatre after 6 p.m. on September 29, or can be [purchased in advance](#) at [mfnc.ca](#). The film starts at 7 p.m.

Get your tickets now and spread the word!

UPCOMING MEETINGS



- **October 4, 2016: Ottawa-based photographer and fine art printer Jim des Rivières, will speak on [Moths at Large](#).** When it comes to moths, the up-close truth can be stranger than science fiction. Take the rather plain-at-first-glance Walnut Sphinx moth that des Rivières collected at Crosby, Ontario—a specimen in his “Faces that only a mother could love” gallery. Des Rivières will run through the stages involved in

[sympatico.ca](#)

Special Committee Members

Brian Voss (Membership)

[brian.voss@](#)

[xplornet.com](#)

Telsing Lopez-Andrews

(Young Macs)

[telsing_andrews@hotmail.com](#)

Macnamara Trail Expansion

Janet Mason

[masonjl@xplornet.com](#)

Steve Duffield

613-623-6072

Dave Forsyth

613-832-2158

Meetings:

First Tuesday of the month at 7:30 p.m.

Arnprior Curling Club

15 Galvin Street

Annual Memberships:

Family \$30, Individual \$25

Guests welcome:

\$5 per meeting

Students Free!



Macnamara Field Naturalists' Club



280 likes

About us: Following in the footsteps of

naturalist and photographer Charles Macnamara, the Macnamara Club has explored, documented and enjoyed the rich natural history of the Lower Ottawa Valley since the club's founding in 1984. Members meet the first Tuesday of every month except July and August at the Arnprior Curling Club, 15 Galvin Street, in Arnprior. Expert speakers share their knowledge and take members in easy steps into their special worlds. Field trips throughout the year investigate everything from geology, to birds in migration, to rare orchids.

[connect with me!](#)

Latest Posts

- Kill the lights. Help the birds. [[see more](#)] 9/26/16 9:36AM
- The snakes were snoozing but

producing these works of art on paper and showcase some of his favourite local moths.

FIELD TRIPS

- **Sunday, October 2, 1 p.m. [Mushrooming for Beginners](#) Leader: Suzanne Monnon.** Have you ever wanted to learn the basics about mushrooms? If your answer is "yes" then this outing is for you. We will use the forest around the Macnamara Trail to search for and identify many different types of fungi.
- **Saturday, Oct. 15, 10:00 am: [Local Fossils](#) Leader: Dave Forsyth.** We will travel to three or four local sites in the Pakenham area to examine fossils from the Ordovician Period, about 450 million years ago.

Registration at events@mfnc.ca is required for all field trips. Please check details for all events (meetings and field trips) at mfnc.ca.

Geological Tour of the Metcalfe Geoheritage Park in Almonte



A large group of Macnamarans were treated to a [tour of the first municipal geoheritage park](#) in Canada by one of its founders, Dr. Allan Donaldson.

2016 Banquet: Saturday, November 12
The Monarch Butterfly: a labour of

the bees were buzzing on the latestt Young Macs outing. 9/26/16 7:59AM

- And your favourite? [[see more](#)] 9/24/16 10:23AM
- 📷 An investment in nature. [[see more](#)] 9/23/16 9:59AM
- 📷 Local coverage of our trail campaign: Arnprior's Macnamara Trail to expand over wetlands [[see more](#)] 9/22/16 3:07PM

 MFNC



12 followers
52 tweets
following 19 people

[follow](#)

Latest Tweets

- RT @SafeWingsOtt: Screening of @themessengerdoc in Arnprior Thurs Sept. 29, 7pm. Great doc will inspire you to save songbirds! <https://t.c...> 9:55AM
- Arnprior's Macnamara Nature Trail to expand over wetlands, include observation deck <https://t.co/h8v7OqA5b2> #ottawavalley 3:02PM
- MT @NCC_CNC: #DYK? There are 348 million hectares of forest in Cda! <https://t.co/Y7VsCJdmPR> #NationalForestWeek <https://t.co/6Li3acWw3E> 12:50PM
- Walk: Snakes & Bees for Young Macs. Sat. Sept. 24, 10 a.m. to noon. Kinburn. Must register at youngmacs@mfnc.ca Se... <https://t.co/kCQSoeDK1l> 12:35PM
- RT @NatureCanada: Learn all you need to know about North America's littlest falcon: <https://t.co/MctUMLNqtB> <https://t.co/Vwy6k1Rnib> 11:40AM

love

**THE MONARCH BUTTERFLY
A LABOUR OF LOVE**

Jean Lauriault

Macnamara Field Naturalists'
BANQUET
and silent auction



MC
Michael
Runtz

Sat., Nov. 12, 2016
Doors open 5:00 p.m.
Dinner 6:00 p.m.
Fitzroy Harbour
Community Assoc. Hall

Tickets: all inclusive
\$35 up to Nov. 8
11 & under: \$20
NO TICKETS AT DOOR

TICKETS AND MORE DETAILS AT MFNC.CA

Don't wait to [get your tickets](#) for our 2016 banquet, which will be held on **Saturday, November 12** at the Fitzroy Harbour Community Association Hall, 100 Clifford Campbell Drive, Fitzroy Harbour.

Our featured speaker will be Jean Lauriault speaking on [The Monarch Butterfly: A Labour of Love](#).

Doors will open at 5:00 p.m. and dinner (roast beef and homemade side dishes with pie, etc., and vegetarian lasagna for non-meat eaters.) **is at 6:00 pm.**

And don't forget—all net proceeds from the banquet go toward the Macnamara Trail extension.

Ticket price at \$35 per person applies up to midnight, November 8. *Payment MUST be*

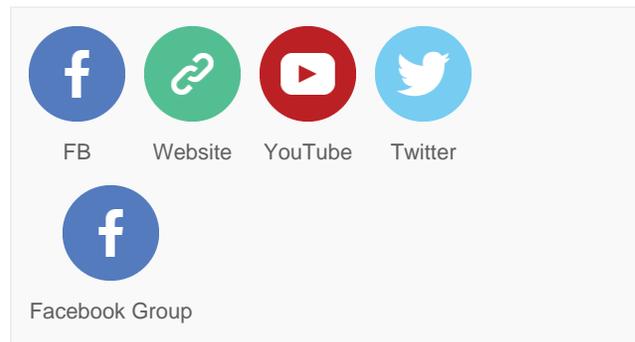
RECEIVED by the Club by that date. Tickets for children 11 and under are \$20. **Tickets WILL NOT BE AVAILABLE at the door.**

Win the Best Science Books for 2016

Are you on Twitter? If so, you have the chance to win four books in the running for the Lane Anderson Award, which honours the very best science writing in Canada today. We mention this because one of them is Michael Runtz's *Dam Builders: The Natural History of Beavers and their Ponds*. Details at

<http://laneandersonaward.ca/2016/08/win-the-finalists/>

P.S. We're on Twitter too! Follow us at **@MacFNC**



DID YOU FORGET TO RENEW YOUR 2016-2017 MEMBERSHIP?

Are your 2016-17 membership fees past due?

Paying them [online is easy and efficient.](#) You can also renew by mail—send your cheque (made out to Macnamara Field Naturalists' Club) to Macnamara Field Naturalists' Club, P.O. Box 391, Arnprior ON K7S 3L9. Download the form from the website. Go to Activities>Membership

We depend on your membership fees—\$25 for individuals and \$30 for families—in order to continue offering great monthly meetings with expert speakers, year-round field trips and special projects and activities.

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